

Reflection on ANGER in *Ordinary People*

On pg. 190, Calvin has the following thoughts about Conrad and his anger: "Sunny and sweet, he never got mad. And that wasn't good. Everybody has resentments, everybody has anger. He was one who kept everything inside....So this is a good sign; he is turning his anger outward at last."

On a separate sheet of paper, answer the following questions below. To completely answer these questions, you should write for 2-3 paragraphs:

1. Do you agree with Calvin, that it's not good to never get mad? How might it harm people if they never got mad or always kept their anger inside?
2. How do you deal with anger? Do you keep it inside like Conrad, or do you let it out? If you let it out, how do you do it? Is this healthy?
3. What are healthy ways to deal with anger?

This assignment is due at the end of the period, NO EXCUSES. If you finish early, you are to start on the grammar practice (pink sheet). The grammar is homework due Monday.

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4. Do you agree with Calvin, that it's not good to never get mad? How might it harm people if they never got mad or always kept their anger inside?
5. How do you deal with anger? Do you keep it inside like Conrad, or do you let it out? If you let it out, how do you do it? Is this healthy?
6. What are healthy ways to deal with anger?

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7. Do you agree with Calvin, that it's not good to never get mad? How might it harm people if they never got mad or always kept their anger inside?
8. How do you deal with anger? Do you keep it inside like Conrad, or do you let it out? If you let it out, how do you do it? Is this healthy?
9. What are healthy ways to deal with anger?

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